



# BASIC HEAD USING PUSH MOLD WITH PAPER-CLAY

by LOUISA ROSENFELD ©2005

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	<p><b><u>Materials needed:</u></b></p> <p><b>1 pack of any brand paper-clay</b></p> <p><b>1 styrofoam ball or egg shape</b></p> <p><b>Match as close as possible to .the pushing mold you have</b></p> <p><b>1 stick/plastic (optional) for to hold</b></p> <p><b>The head (later.)</b></p> <p><b>1 empty toilet paper cardboard center</b></p> <p><b>Paper.</b></p>	
	<p><b>1 pushing mold, ready to purchase, or use one you have. Any one will do</b></p> <p><b>Aluminum foil</b></p> <p><b>Strong paper masking tape</b></p>	

**Cut the toilet cardboard so that it looks like a pipe**

**Roll it around your finger,**

**Wrapping around with masking tape, you stab the styrofoam ball with the stick. Then push up the pipe about 1-2 cm. inside around the stick**



**Fix it around well with the masking tape. Then wrap around with the masking tape, making it strong and stiff. (Or optional with the ) (aluminum foil**



**If you like to try to sculpt, here is a nice exercise: make a foil of the paper-clay of 1 cm.thick, big enough to wrap the ball around including the .throat**

**Mark with a stick or a pencil the center of the ball in the middle, from up down**

**``and from side to side, like a cross. Leave to dry, about 3days,then you can sculpt-2**

**the ball prepared for the pushing mold**



**Take a big amount of the paper clay and make a foil of about 1.5 cm, enough to wrap around from the inside the paperclay mold and the ball**



**Push the clay inside the paperclay mold firmly and fill it well with clay inside the mold. You will have plenty of clay to wrap around the ball**



**Push the clay into the mold well, but gently**



**And wrap it around the ball, if you don't have enough clay, you can add more later**



**See that the throat will look straight, so that the throat will be in line with the chin. Push it well as much as you can**



**Let it dry for about a week, then take it out gently. You can add sculpture as much as you like, or you just can smooth it with some sanding paper, and a damp cloth like /an old t-shirt**

**You let it dry, then you put two to three layers of gesso on it and paint it with acrylic colors, Seal it with varnish, can be oil varnishlike yacht .varnish**

